

## DFW Clean Cities Recognizes Leaders in Fuel Efficiency

DFW Clean Cities recently recognized 19 partners for their work to embrace alternatives to traditional gasoline as part of the third annual Fleet Recognition Awards. Three levels of awards – Gold, Silver and Bronze – were possible.

The cities of Carrollton, Denton, Euless, Grapevine, Lancaster, Richardson and Southlake, as well as the Town of Addison, earned Silver awards. Eleven entities, the cities of Allen, Coppell, Fort Worth, Lewisville, North Richland Hills, Plano, Rockwall and Wylie, along with Dallas Area Rapid Transit, Denton ISD, and the Town of Flower Mound were awarded Bronze status.

Participating governing bodies were required to provide information on their progress via the DFW Clean Cities Annual Report. Entities were scored on a 100-point scale based on their work to embrace clean vehicle technologies, partner with NCTCOG and DFW Clean Cities, and educate their drivers. A maximum of 30 points were awarded for emissions reduction, 30 for fuel savings, 20 for partnering with NCTCOG and DFCC, and 20 for educating drivers and operators. Fleets earning Silver status scored 70-84 points, while Bronze winners received 55-69 points. There were no Gold awardees in Dallas-Fort Worth. The winners contributed to the region-wide reduction of more than 25 million gallons of gasoline in 2016, which represented the largest savings on record. For information on how your fleet may qualify for recognition, visit [www.dfwcleancities.org](http://www.dfwcleancities.org).



## Life After a Diagnosis of Alzheimer's

A diagnosis of Alzheimer's disease can be a life-changing event. To help those who've been newly diagnosed to understand what lies ahead and take steps to better plan for the future, the Alzheimer's Association — Greater Dallas Chapter is conducting several series of workshops. Each workshop series, entitled Changing Gears, consist of eight classes that are designed for persons with Alzheimer's and their family caregivers. Workshops meet weekly and provide both education and support.

There is no cost to participants, although pre-registration and pre-screening are required.

Changing Gears workshops will be held in Dallas, Denton, Richardson, The Colony, and Valley Ranch. For more information about classes and locations, contact the Alzheimer's Association at **214-540-2419**.

## SolSmart Making Region Solar Ready



North Texas cities are continuing efforts to turn one of the region's most abundant resources — sunshine — into an electricity option for consumers. Congratulations to all the North Texas cities that have participated in SolSmart — a national designation and technical assistance program that works with cities to become more solar friendly.

NCTCOG is proud to recognize the cities of Cedar Hill, Kennedale, Denton, Plano, Lewisville and Corinth for participating in the program. The City of Cedar Hill obtained the highest designation of Gold, Kennedale obtained Silver, and Denton, Lewisville and Plano obtained Bronze. The commitment

## Aging Seeks Medicare Reimbursement of its Diabetes Self-Management Classes

The Aging program maintains a suite of programs for older adults that help them manage their chronic diseases, including diabetes. These programs are funded by the Older Americans Act, and made widely available to persons age 60 and over. As Older Americans Act funds have failed to keep pace with growth in the number and percentage of older adults, Aging has been seeking alternative funding sources. To that end it is seeking certification of its Diabetes Self-Management Program (DSMP) by the American Diabetes Association, as a precursor to Medicare reimbursement. If successful Aging will be able to receive Medicare funding for beneficiaries who have diagnoses of diabetes, have been issued orders by their doctors for diabetes education, and complete the six session DSMP.

The Aging program will continue to offer DSMP to persons age 60 and over, including those who don't have Medicare benefits and have not yet been diagnosed with diabetes.

For more information about DSMP, in addition to other health prevention programs for older adults, contact Dr. Laura Wolfe at [lwolfe@nctcog.org](mailto:lwolfe@nctcog.org) or Kim Mathis at [kmathis@nctcog.org](mailto:kmathis@nctcog.org).

# FYI:

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