# LOCAL MOTION 

July 2023
Welcome to Local Motion, a monthly email newsletter from the North Central Texas Council of Governments Transportation Department.

## As temperatures rise, stay safe in your vehicle



One fact of life that comes with living in North Texas is that the summer heat is stubborn and persistent. Last summer, the region recorded 47 days with temperatures of at least 100 degrees.

Cars can heat up rapidly in high temperatures and the pace of the heat is dependent on factors such as the color of the car, the materials in the interior, the angle of the sun and the type of pavement the car is on.

In 90-degree temperatures, sitting in a car for as little as 10 minutes can have dire consequences, including heat stroke, which causes symptoms such as nausea, disorientation and a much higher heart rate as your body works to control your temperature. Children will feel these effects faster.

In addition to small children, older adults, pets and people with disabilities shouldn't be left in a car on a hot day for any length of time, even if it's running, the windows are cracked, or the vehicle is parked in shade.

If you see someone who is unable to remove themselves from their vehicle, call 911 immediately.

Here are measures that can be taken to help ensure your vehicle can get you safely to your destination and doesn't leave you stranded on a hot day:

- Test the air conditioning.
- Check your tire pressure.
- Top off engine fluids.
- Clean or replace air filters.
- Keep an eye on the temperature gauge.
- Use a sunshade in the windshield.
- If your car does break down, find a building or shade to wait in and contact roadside assistance.

Additionally, it is important to stay hydrated throughout the day. Have water available for each person in the car; especially the driver, so they can stay alert and avoid accidents due to dehydration. More car care tips are available at www.ntxcarcare.org.

## Fort Worth Mayor Pro Tem Gyna Bivens to lead RTC



Fort Worth Mayor Pro Tem Gyna Bivens was elected chair of the Regional Transportation Council in June and will lead the 45-member transportation policymaking body for the next year.

Bivens takes over for Collin County Commissioner Duncan Webb, who steered the RTC through the recently concluded regular session of the 88th Texas Legislature.

Bivens is president and executive director of North Texas LEAD (Leaders and Executives Advocating Diversity), a talent search firm that connects job seekers with businesses and organizations committed to creating diverse and inclusive leadership teams. A graduate of North Texas State University, Bivens is a former corporate spokesperson and broadcast journalist. Bivens has been an RTC member since 2021 and has represented Fort Worth as its District 5 Councilmember since 2013. She spent the past year as vice chair of the RTC.

Longtime RTC member Dallas County Judge Clay Jenkins, who joined the policymaking body in 2011, will be the next vice chair. Johnson County Commissioner Rick Bailey was elected secretary. Bailey was appointed to the RTC in July 2022.

The RTC includes local elected or appointed officials from the Dallas-Fort Worth area and representatives from the region's transportation providers. As the transportation policymaking body for the 12-county Dallas-Fort Worth area, the RTC oversees

The new officers will serve in their positions through June 2024.

## National EV tour stops in Arlington



The second annual Coast-to-Coast EV Road Trip stopped by NCTCOG in June as part of Daphne Dixon and Alyssa Murphy's ongoing attempt to promote the adoption of plug-in vehicles. Dixon and Murphy took their Chevrolet Bolt on a 5,100-mile tour of 33 cities in 25 states, beginning in Sacramento, California, and ending in Newport, Rhode Island.

Dixon and Murphy represent the Connecticut Southwestern Clean Cities Coalition. Last year's inaugural event made a quick stop at the North Central Texas Council of Governments, which houses the Dallas-Fort Worth Clean Cities Coalition. DFW Clean Cities is involved in educating the public and spreading awareness of electric vehicle technology and applications through Electric Vehicles North Texas to reduce the barriers of EV adoption. For more on the road trip, visit www.evroadtrip.org.

## By the Numbers

## $\$ 20$ million

Federal grant awarded to modernize a stretch of East Lancaster Avenue in Fort Worth. The project will feature high-capacity bus service, bicycle lanes and sidewalks, as well as landscaping, transit shelters and additional lighting and broadband internet infrastructure.

## NCTCOG studying parking solutions for Deep Ellum



NCTCOG is partnering with the Deep Ellum Foundation and City of Dallas to study parking use and management in Deep Ellum.

As a regional destination for nightlife and entertainment, Deep Ellum faces high demand for parking and related transportation services. The goal of the study is to identify possible solutions for managing parking across the district that support safe, multimodal access and continued economic growth throughout Deep Ellum.

The study involves parking counts, observations, and input from stakeholders, including the city and local businesses. This will be combined with a survey and national parking management best practices to develop recommendations. The NCTCOG survey is seeking input from those who live or work in Deep Ellum, or visit the district and use its parking.

The survey is currently open for Deep Ellum visitors, residents, businesses and employees to share their experiences with parking in the district. The survey asks
participants about typical transportation and parking behavior as well as their preferences and perspective on needed improvements.

Responses to this survey from different Deep Ellum stakeholders are needed to help plan for the future of transportation and parking in the district. To take the survey, visit www.NCTCOG.org/DEParkingstudy. The survey will be open through July 31.

## Progress North Texas 2023: Working together to improve mobility



Progress North Texas 2023 is available in print and online. This annual state of the region report uses performance measures to explain how the region's transportation system is meeting the needs of its 8 million residents.

This year's theme is Working Together to Improve Mobility. The report focuses on what has been accomplished and how the region's transportation partners cooperate to build projects and plan for future endeavors. It also looks at remaining work to be done in areas such as regional air quality, surface and air transportation, and innovative technologies that could make the system more reliable.

## NCTCOG online input opportunity gives residents platform for feedback



SUBMIT COMMENTS \& QUESTIONS TO NCTCOG:
nctcogJuly23@PublicInput.com | Publiclnput.com/nctcogJuly23
Phone: (855) 925-2801 (Enter code 6357) | Fax: 817-640-3028
P.O. Box 5888, Arlington, TX 76005-5888

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The North Central Texas Council of Governments is hosting an online public input opportunity from July 10 until August 8. This will allow residents to learn more about and participate in the regional transportation planning process.

To submit comments and questions to NCTCOG, email nctcogJuly23@publicinput.com or visit www.publicinput.com/nctcogJuly23, where you can also watch the presentations.

Each year, NCTCOG works to approve and update the Regional 10-Year Plan. This plan identifies major projects to be implemented in the region. The public input opportunity will provide a project list from Fiscal Year 2024 to Fiscal Year 2033 for review and comment.

Air quality improvement is an important focus for NCTCOG. Working closely with regional partners, planners develop and implement strategies, policies and programs to enhance air quality. In addition, there are periodic opportunities for public and private entities to compete for funding to reduce fleet emissions. Highlights of DallasFort Worth fleet projects implemented using grant funds will be provided, as well as a list of current funding opportunities available to fleets.

An overview of the recently completed DFW Discovery Trail branding and wayfinding project will be provided, including final branding recommendations.

NCTCOG's Community Gardens Program Guide provides information, resources and tools for cities and others to develop and implement community garden programs in their areas. An overview of this new initiative will be available.

Information will also be provided about the following initiatives and programs: Round 2 results for the Certification of Emerging and Reliable Transportation Technology (CERTT) Program, Walk to School Day promotion 2023, Engine Off North Texas and Mobility 2045: 2022 Update Administrative Revisions.

For special accommodations or to request printed copies of the information, contact Jackie Castillo at 817-695-9255 or jcastillo@nctcog.org.

For more information about Local Motion topics, contact Brian Wilson at 817-704-2511 or bwilson@nctcog.org. Visit www.nctcog.org/trans for more information on the department.
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