### North Central Texas Area Agency on Aging

For more information about the Care Coordination
Program, or other services for older adults and their family caregivers, call:

1-800-272-3921

Office hours: Monday - Friday 8 a.m. – 5 p.m.

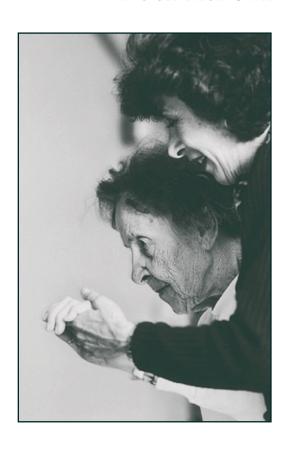


The Care Coordination Program is funded in part by Texas Health and Human Services.

P.O. Box 5888 • Arlington, TX 76005-5888 Phone.: 1-800-272-3921 Fax: (817) 695-9274 Website: http://www.nctcog.org

### **Care Coordination:**

Helping Older Persons Live on Their Own



A Program of the North Central Texas Council of Governments

#### **Care Coordination Program**

# What is the Care Coordination Program?

The Care Coordination Program provides at-home services for people age 60 and over with complex needs.

The program gives priority to older persons who have been through a health care crisis, have difficulty caring for themselves, have limited caregiver support, have very low incomes, and have Alzheimers or related dementia. It targets people who are at risk of nursing home placement.

#### How can the program help me?

If your situation places you at risk for nursing home care, a care coordinator may be able to help you get support services so you can remain in your own home.

# Do I have to live in a specific county to get Care Coordination services?

The North Central Texas Area Agency on Aging offers Care Coordination services in Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell and Wise counties.

#### What services may be available?

- Light housekeeping, personal assistance and meal preparation
- · Home-delivered meals
- Emergency response services
- · Minor home modification
- Medication assistance
- Durable medical equipment not covered by insurance
- · Benefits counseling

The Care Coordination program does not pay for goods or services that are available through the Medicare or Medicaid program.

#### Will the services cost me anything?

There are no charges for services, although contributions are accepted.

To find out if you qualify for the Care Coordination Program, contact the North Central Texas Area Agency on Aging at 1-800-272-3921.