



ALZHEIMER'S ASSOCIATION

Building
Brain-Healthy
Habits



You're invited to a FREE webinar

Building Brain Healthy Habits

Thursday, February 19, 2026

10:00 a.m. – 11:00 a.m.

*****Complimentary CEUs available for social workers and LPCs in Texas or a Certificate of Attendance. Some restrictions apply*****

Presenters:

Elise Passy, Director of Health Systems - Alzheimer's Association

Doni Green, Director - North Central Texas Area Agency on Aging

Online Registration Required at:

https://healthy_living_for_brain_and_body_2-19-2026.eventbrite.com

***Webinar Instructions will be emailed to registered participants via ZOOM one day prior to the webinar.**

For questions please contact:

NCT AAA: Marty Mascari: Marty@NTADS.net or call (940) 202-4500 ext 101