



Denton County
MHMR Center

Webinar for **Professionals, Caregivers** and/or family members in **TEXAS**

Mental Health First Aid

For Professionals, Caregivers and Family members in TEXAS

Mental Health First Aid (MHFA) is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders.

**First Two Hours—Self Paced Study Online
AND SIX ADDITIONAL HOURS OF GROUP STUDY VIA ZOOM**

Friday, February 28, 2025

9:00 a.m. - 4:00 p.m. (one hour lunch break)

STRONGLY SUGGEST A \$10 DISCRETIONARY CONTRIBUTION FOR COURSE COSTS

7.5 of complementary CEUs available, but some restrictions apply

Presenter:

**Phyllis Finley, B.A., QMHP-CS, QIDP - Community Outreach Coordinator
Denton County MHMR**

**Michelle Foster, QMHP-CS, LBSW—CCBHC Outreach Coordinator
Denton County MHMR**

Online Registration Required (Limited to 30 People) at:

<https://Our next Mental Health First Aid course.eventbrite.com>

Self-paced study and course login will be emailed to you from Phyllis Finley with Denton MHMR

For questions please contact:

NCT AAA: Marty Mascari: Marty@NTADS.net or call (940) 202-4500 ext 101