



The North Central Texas Area Agency on Aging is a regional organization that plans, coordinates and delivers services for persons age 60 and over and their family caregivers. The Agency serves residents of the 14 counties surrounding the Dallas/Fort Worth area.

For more information about services through the North Central Texas Area Agency on Aging, please call:

1(800) 272-3921

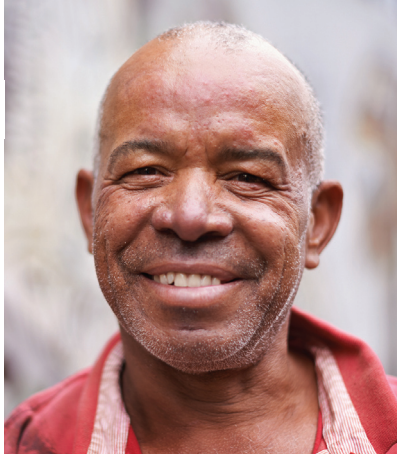
Office hours:
Monday-Friday
8 a.m.-5 p.m.



Funded in part by Texas Health and Human Services

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North Central Texas Area Agency on Aging



A program
of the
North Central
Texas
Council of
Governments

Support Services and Programs

for North Central Texans
Age 60 and Over and
Their Family Caregivers

The North Central Texas Area Agency on Aging provides services to help maintain health, obtain public and private benefits, and protect rights.

Who is eligible for services?

Services are available to persons age 60 and over and their family caregivers who live in Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Parker, Palo Pinto, Rockwall, Somervell and Wise counties.

What services are available?

Benefits counseling: help understanding and applying for public and private benefits

Care coordination: help connecting frail older persons with services that allow them to live independently. Services may include emergency response systems, medications, medical equipment, and residential repair

Caregiver support: information and respite services to help caregivers meet their own needs, as well as those of aging family members

Grandparents raising grandchildren: information about benefits and legal options

Information and referral to federal, state, and local programs

Legal assistance: information about legal services, referrals to attorneys, and help with legal fees

Long-term care ombudsman: help for residents of nursing homes and assisted living facilities who have concerns about quality of care

Meals: hot or frozen meals delivered to the home and hot meals served in a group setting

Nursing home relocation: information and help for nursing home residents to return to the community

Personal assistance: hands-on help with bathing and other personal care tasks

Transportation: curb-to-curb service, by reservation, for medical appointments, and other activities

Health promotion: small-group workshops to reduce risk of falls and better manage chronic disease

Waiting lists may be in effect for some services.

Who provides meals and transportation?

- Collin County (Meals & Transportation) – Committee on Aging (972) 562-6996
- Denton County (Meals & Transportation) – SPAN, Inc. (940) 382-2224
- Ellis County (Meals) – Meals on Wheels North Central Texas (888) 869-6325
- Ellis County (Transportation) – STAR Transit (877) 631-5278
- Erath County (Meals & Transportation) – Senior Citizens Inc. (254) 965-3510

- Hood County (Meals & Transportation) – Committee on Aging (817) 573-5533
- Hunt County (Meals & Transportation) – Senior Center Resources and Public Transit (903) 454-1444
- Johnson County (Meals) – Meals on Wheels North Central Texas (888) 869-6325
- Kaufman County (Meals) – Senior Connect (469) 376-6325
- Kaufman County (Transportation) – STAR Transit (877) 631-5278
- Navarro County (Meals) – Meals on Wheels North Central Texas (888) 869-6325
- Navarro County (Transportation) – STAR Transit – (877) 631-5278
- Palo Pinto County (Meals) – Meals on Wheels (940) 325-7919

- Palo Pinto County (Transportation) – Public Transit Services (940) 328-1391
- Parker County (Meals) – Committee on Aging (817) 594-7419
- Parker County (Transportation) – Public Transit Services (940) 328-1391
- Rockwall County (Meals) – Meals on Wheels Senior Services (972) 771-9514
- Rockwall County (Transportation) – STAR Transit (877) 631-5278
- Somervell County (Meals & Transportation) – Committee on Aging (254) 897-2139
- Wise County (Meals & Transportation) – Committee on Aging (940) 627-5329



Additional Resources

- Legal Hotline for Texans (800) 622-2520
- Medicare Information (800) 633-4227
- Medicaid Fraud Hotline (800) 447-8477
- Social Security Administration (800) 772-1213
- Texas Attorney General Consumer Hotline (800) 621-0508
- Texas Department of Insurance (800) 252-3439
- Texas Department of Family and Protective Services (800) 252-5400
- Texas Area Agencies on Aging (800) 252-9240
- Texas Medicaid 2-1-1
- Texas Senior Medicare Patrol (888) 341-6187
- Veterans Administration (800) 827-1000