Area Agency on Aging OF NORTH CENTRAL TEXAS

Denton County MHMR Center

Webinar for ***Professionals, Caregivers*** and/or family members in ***TEXAS***

Mental Health First Aid

For Professionals, Caregivers and Family members in TEXAS

Mental Health First Aid (MHFA) is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders.

First Two Hours—Self Paced Study Online

AND SIX ADDITIONAL HOURS OF GROUP STUDY VIA ZOOM

Wednesday, December 2, 2026

9:00 a.m. - 4:00 p.m. (one hour lunch break)

STRONGLY SUGGEST A $10 DISCRETIONARY CONTRIBUTION FOR COURSE COSTS

7.5 of complementary CEUs available, but some restrictions apply

Presenter:

Phyllis Finley, B.A., QMHP-CS, QIDP - Community Outreach Coordinator

Online Registration Required (Limited to 30 People) at:

https://Our_next_Mental_Health_First_Aid_course.eventbrite.com

Self-paced study and course login will be emailed to you from Phyllis Finley with Denton MHMR

For questions please contact:

NCT AAA: Marty Mascari: Marty@NTADS.net or call (940) 202-4500 ext 101

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